



PART I:

THE RULE OF THE INTERNATIONAL CONFEDERATION OF ST. VINCENT DE PAUL

PURPOSE AND SCOPE OF OUR SERVICE

1.2 The Vincentian Vocation: The vocation of the Society's members, who are called Vincentians, is to follow Christ through service to those in need and so bear witness to His compassionate and liberating love. Members show their commitment through person-to-person contact. Vincentians serve in hope.

1.3 Any form of personal help:...No work of charity is foreign to the Society. It includes any form of help that alleviates suffering or deprivation and promotes human dignity and personal integrity in all their dimensions.

1.4...to anyone in need: The Society serves those in need regardless of creed, ethnic or social background, health, gender, or political opinions.

1.5 To Seek Out the Poor: Vincentians strive to seek out and find those in need and the forgotten, the victims of exclusion or adversity.

1.6 Adaptation to a Changing World: Faithful to the spirit of its founders, the Society constantly strives for renewal, adapting to changing world conditions. It seeks to be ever aware of the changes that occur in human society and the new types of poverty that may be identified or anticipated. It gives priority to the poorest of the poor and to those who are most rejected by society.

OUR PERSONAL ENCOUNTERS WITH THE POOR

1.7 Prayer Before Personal Encounters or Visits

Vincentians pray that the Holy Spirit may guide them during their visits and make them channels for the peace and joy of Christ.

1.8 Reverence for the poor

Vincentians serve the poor cheerfully, listening to them and respecting their wishes, helping them to feel and recover their own dignity, for we are all created in God's image. In the poor, they see the suffering Christ.

Members observe the utmost confidentiality in the provision of material and any other type of support.

1.9 Empathy

Vincentians endeavor to establish relationships based on trust and friendship. Conscious of their own frailty and weakness, their hearts beat with the heartbeat of the poor. They do not judge those they serve. Rather, they seek to understand them as they would a brother or sister.

1.10 Promotion of self-sufficiency

Vincentians endeavor to help the poor to help themselves whenever possible, and to be aware that they can forge and change their own destinies and that of their local community.

1.11 Concerns for deeper needs and spirituality

Vincentians are sincerely concerned with the deeper needs and the spiritual well-being of those they help, always observing a profound respect for their conscience and the faith they believe in, listening and understanding with their hearts, beyond both words and appearances.

Vincentians serve in hope. They rejoice in discovering the spirit of prayer in the poor, for in the silence, the poor can perceive God's Plan for every person.

The acceptance of God's Plan leads each one to nurture the seeds of love, generosity, reconciliation and inner peace in themselves, their families and all those whose lives they touch. Vincentians are privileged to foster these signs of the presence of Risen Christ in the poor and among themselves.

1.12 Gratitude to those we visit

Vincentians never forget the many blessings they receive from those they visit. They recognise that the fruit of their labors springs, not from themselves, but especially from God and from the poor they serve.

2. VINCENTIAN SPIRITUALITY & VOCATION

Faith in Christ and the Life of Grace

"Since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God" (Rom. 5,1-2).

2.1 Love in Union with Christ

Convinced of the truth of the Apostle St. Paul's words, Vincentians seek to draw closer to Christ. They hope that someday it will be no longer they who love, but Christ who loves through them (Gal 2,20 "... I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God"), and that even now, in their caring, the poor may catch a glimpse of God's great love for them.

2.2 The journey together towards holiness

Vincentians are called to journey together towards holiness, because true holiness is perfect union with Christ and the perfection of love, which is central to their vocation and the source of its fruitfulness. They aspire to burn with the love of God as revealed by Christ and to deepen their own faith and fidelity.

Vincentians are aware of their own brokenness and need for God's grace. They seek His glory, not their own. Their ideal is to help relieve suffering for love alone, without thinking of any reward or advantage for themselves.

They draw nearer to Christ, serving Him in the poor and one another. They grow more perfect in love by expressing compassionate and tender love to the poor and one another.

Therefore, their journey together towards holiness is primarily made through:

- Visiting and dedicating themselves to the poor, whose faith and courage often teach Vincentians how to live. Vincentians assume the needs of the poor as their own.
- Attending the meeting of the Conference or Council, where shared fraternal spirituality is a source of inspiration.
- Promoting a life of prayer and reflection, both at the individual and community level, sharing with their fellow members. Meditating on their Vincentian experiences offers them internal spiritual knowledge of themselves, others and the goodness of God.
- Transforming their concern into action and their compassion into practical and effective love

Their journey together towards holiness will be all the more fruitful if the members' personal lives are characterised by prayer, meditation on the Holy Scriptures and other inspirational texts and devotion to the Eucharist and the Virgin Mary, whose protection we have always sought, and to the teachings of the Church.

2.3 Prayer in Union with Christ

In every Conference throughout the world and in their personal lives, Vincentians raise their prayers to God, united with the prayer of Christ, on behalf of one another and their masters the poor, whose suffering they wish to share.

2.4 The Spirituality of Blessed Frederic Ozanam

The spirituality of one of its founders inspires Vincentians profoundly. The Blessed Frederic Ozanam:

- Sought to renew faith, among all people, in Christ and in the civilising effect of the teachings of the Church through all time.
- Envisioned the establishment of a network of charity and social justice encircling the world.
- Attained holiness as a layman through living the Gospel fully in all aspects of his life.
- Had a passion for truth, democracy and education.

2.5 The Spirituality of St. Vincent

Having been placed under the patronage of St. Vincent de Paul by the founding members, members of the Society are inspired by his spirituality, manifest in his attitudes, his thoughts, his example and his words.

For Vincentians, the key aspects of St. Vincent's spirituality are:

- To love God, our Father, with the sweat of our brow and the strength of our arms;
- To see Christ in the poor and the poor in Christ;
- To share the compassionate and liberating love of Christ the Evangeliser and Servant of the poor;
- To heed the inspiration of the Holy Spirit.

2.5.1 Essential virtues

Vincentians seek to emulate St. Vincent in the five virtues essential for promoting love and respect for the poor:

- Simplicity – frankness, integrity, genuineness.
- Humility – accepting the truth about our frailties, gifts talents and charism, yet knowing that all that God gives us is for others and that we can achieve nothing of eternal value without His grace.
- Gentleness – friendly assurance and invincible goodwill, which mean kindness, sweetness and patience in our relationship with others.
- Selflessness – dying to our ego with a life of self-sacrifice; members share their time, their possessions, their talents and themselves in a spirit of generosity.
- Zeal – a passion for the full flourishing and eternal happiness of every person.

2.6 A vocation for every moment of our lives

The Vincentian vocation affects all aspects of members' daily lives, making them more sensitive and caring in their family, work and leisure activities. Vincentians are available for work in the Conferences only after fulfilling the family and professional duties.